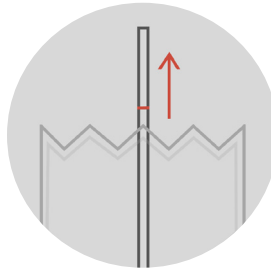


1. PREPARE



WASH YOUR HANDS

Wash hands thoroughly for 20 seconds prior to using this testing kit.



REMOVE SWAB

Remove the nasal swab from the wrapper by pulling two ends of the wrapper and peel away from the swab. Be careful only to touch the handle – not the tip.



LOOSEN CAP

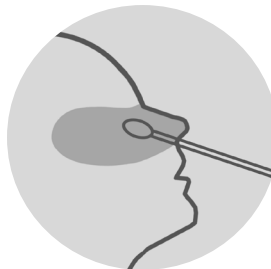
Slightly loosen the cap on the tube so it is easier to open later.
Be careful not to spill the liquid inside

2. TEST



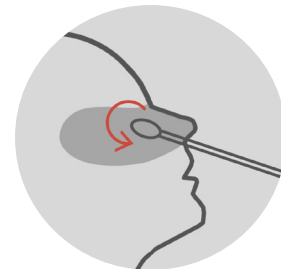
TILT YOUR HEAD

Position head back at a 45 degree angle.



INSERT SWAB

Gently insert swab tip into the right nostril until slight resistance is met at the level of the turbinates (about ¾ of an inch).



ROTATE SWAB

When the swab is in place, rotate against the inside of the nose for 3 seconds.

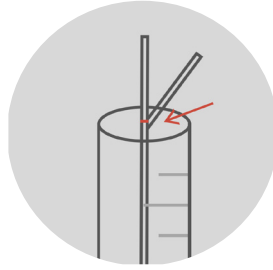
Remove the swab from the nostril and repeat the steps in the OPPOSITE nostril, removing the swab when finished.

3. SEAL



REMOVE CAP

While holding the swab, remove the cap from the tube.

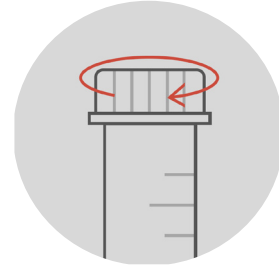


INSERT SWAB

Insert the swab tip all the way down into the tube, continue to hold the swab by the handle.

Break the swab handle short enough to fit inside the tube without the handle touching the lid.

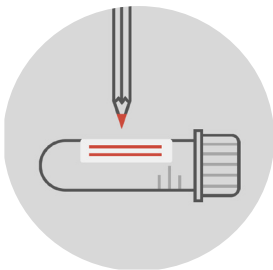
Keep the remainder of the handle and dispose when you are able.



CLOSE CAP

Re-cap the tube securely.

4. PACK



LABEL TUBE

Ensure the tube is labeled with two unique identifiers (first name, last name & date of birth)



PLACE TUBE IN BAG

Place the tube into the provided bag.



SEAL BAG

Securely seal the bag.